



December Breakfast & Lunch Menu 2023

Monday	Tuesday	Wednesday	Thursday	Friday
<p>FYI Meals Include *Plant-based Substitutions, 8 oz. Milk & Assorted Fruits. Cereal, Grits, Muffins, PB&J and Yogurt available at Breakfast. Ask about our gluten-free options.</p> <p>Our menu is subject to change based on product availability.</p>		<p>Meal Prices Student Breakfast \$3.00 Lunch \$5.00 Faculty Breakfast \$4.00 Lunch \$6.00 Visitor Breakfast \$4.00 Lunch \$7.00</p>		<p>1 Muffins & Yogurt Parfait Or Breakfast Bagel</p> <p>Assorted Pizza Garden Salad French Fries or Tater Tots</p>
<p>4 Grits Bowl with Power Bites w/ Scrambled Eggs & Cheese</p> <p>Creamy Chicken Alfredo or Vegetarian Spaghetti Italian Blend Vegetables Glazed Carrots Dinner Roll</p>	<p>5 French Toast & Bacon</p> <p>Nachos with your choice of Beef, Shredded Pork, or Beefless Crumbles Pinto Beans WK Corn Assorted Fresh Toppings</p>	<p>6 Oatmeal & Mini Breakfast Bagel</p> <p>Breakfast for Lunch Scrambled Eggs Sausage, Plant-based Sausage, or Chicken Patties Biscuits or Pancakes Hashbrowns or Tater Tots</p>	<p>7 Catfish & Grits</p> <p>Ham or Turkey with Dressing Plant-based Chick'n Patty Green Beans Sweet Potatoes Collard Greens</p>	<p>8 Sausage Biscuit</p> <p>Hamburger /Garden Burger or Chicken Sandwich Assorted Fresh Toppings French Fries or Tater Tots</p>
<p>11 Breakfast Pastries, Assorted Cereal & Yogurt</p> <p>Calzone or Mozzarella Sticks Glazed Carrots Roasted Broccoli</p>	<p>12 Breakfast Pastries, Assorted Cereal & Yogurt</p> <p>Hotdog/Vegetarian Brats Or Corndog Corn Nuggets Vegetarian Bean</p>	<p>13 Breakfast Pastries, Assorted Cereal & Yogurt</p> <p>Grab-n-go Cheesy Pull-a-part Assorted Fresh Veggies Assorted Fruit Chips</p>	<p>14</p>	<p>15</p>